

My social atom consists of layers. The ones that are closest or in the inner most circle are family of procreation, spirituality, home and clients. All of them have a positive charge. The FoP is what i have given birth to or established and that includes my daughter and other social relations. It is a source of energy and confidence, same is with clients. They give me immense sense of satisfaction and happiness and contentment. Spirituality gives me the grounding that i am in badly need of at present. It gives me the strength to live and fight back, and home is the execution bit where i can exercise my rights and be in a power position.

The second layer consists of again four things but to my astonishment all of them are things instead of person or relationships. Although three of them have a positive charge and only books has a negative charge, there is still positivity in the negativity. I feel that these are extrinsic motivations that help and push me towards not getting derailed from the life track. some years ago i was not giving importance to entertainment, hobbies, my possessions and books, but as time went by and in the state of introspection i realised that although they are materialistic in nature they have a significant role to play in my life to maintain my sanity and happiness levels.

The four bubbles that are outside are domains that really have a positive and negative charge and are effecting me also in the same way. When i was making this diagram i never realised that there are two positive and two negatively charged domains which i have unconsciously placed opposite to each other. After it was ready i marked this and i realised that work and friends go hand in hand and family of origin and relatives go together. These four domains are huge clusters and i have named a few of the clusters.

This is my present social atom in which i would like to make positive movements in future and make it a closer bound social atom.

